

## **Regular Activity Report 2016-17**

The programme officer Mr Asseem J was appointed on 1-6-2014 and Shijina A.S on 15.06.17 by the Principal.

### **1. World Environment Day (05-06-2016)**

In connection with world environment day, many saplings are planted on the college campus. After all 500 saplings are distributed to all students and college staffs.

### **2. NSS Orientation Programme**

NSS orientation programme was conducted on 22-08-2016 Principal Mr. A.H. Badarudeen inaugurated the function and gave a motivational speech to the students. The Programme officer Sri Asseem J delivered a speech on the activities of NSS and also explained the need and significance of social activities in students' life. After that Ashik.S and Fathima H were elected as volunteer secretaries.

Enrolment of first year students was conducted on 26-08-2016. Programme officer Mr Asseem J has distributed the application forms for the enrolments. 100 first year students were elected on the basis of first come application and the final list was displayed on the notice board on 03-11-2016.

### **3. Swachh Bharat Observance. (12-08-2016)**

On 12-8-2016, cleaning activities were conducted in the college campus. Apart these, the volunteers took a pledge –“Swachh Bharat Pledge” to clean the surroundings of the college campus, their residing and to be keep clean and hygiene in daily life.

### **4. Independence Day Celebration (15-08-2016)**

Independence Day was celebrated on 15-8-2016. The national flag was hoisted by Principal Mr. A.H.Badarudeen at 8.30 am. After the sweets distribution, Principal shared independence message to the volunteers. After that all the volunteers shared their knowledge regarding Independence Day.



### **5. Tiranga March (22-08-2016)**

On 22-08-2016, Tiranga March was arranged in connection with 70 th Independence Day celebration. The March was conducted to the Pangode town and reached back the college. Sadbhavana pledge taking ceremony was conducted in the college premises. On this occasion, Dr.M.S.Noufal, Associate Professor, Department of Malayalam has administered the oath to the volunteers.



### **6. Painting Competition (23-08-2016)**

A painting competition was conducted on 23-08-2016 in relation to the Independence Day celebration. Nithin Lal (Semester 1, Bcom TTM) was selected as winner.

## **7. Mass Run and Tree Plantation Drive (23-08-2016)**

A mass run was conducted by National Service Scheme, University of Kerala on 23-08-2016. Five volunteers and the programme officer Smt. Shijina A.S was also attended the mass run conducted at University of Kerala, Trivandrum. After that a meeting was also attended by the programme officer in relation to the coming Digital India Workshop.



## **8. Workshop on Digital India (31-08-2016)**



A one day workshop on Digital India has arranged at the Senate Chamber, University of Kerala. 10 volunteers and programme officers has attended the workshop. Volunteers also participated in posture designing competition and innovation ideas. Certificates of participation and workshop kits were also distributed the volunteers and officers.



### **9. One Day Camp (5-11-2016)**

One day camp was conducted on 5-11-2016. Volunteers reached the college by 9.30 am for one day camp. The Programme officer, Shijina A.S welcomed the gathering and Asseem J presided over the function. In this day, all the volunteers actively participated in the campus cleaning and waste management activities. After that lunch was provided to the volunteers. Then the volunteers have come out with different cultural programmes. The one day camp concluded at 3.30 pm.





### **10. Chidrens' Day and World Diabetic Day Observance (14-11-2016)**

Chidrens' Day and World Diabetic Day Observance were conducted on 14-11-2016. Dr. Nazeer P, Assistant Professor, Department of Islamic History, Former Director of Department of Minority Welfare, Govt of Kerala, had inaugurated the function and delivered an inspirational speech to the volunteers. Dr. M.S Noufal and Mr. Dilshad Bin Ashraf also gave a motivational speech to the volunteers.

### **11. One Day Camp (26-11-2016)**

Volunteers reached the college by 9.30 am for the one day camp. The meeting was presided over by Sri. Asseem. J. Cleaning activities were held at the college campus. All types of plastic wastes are removed from the campus and necessary arrangements are made for "Organic Farming" at the campus. After the lunch, volunteers came out with cultural programmes. The lady volunteer secretary, Fathima expressed vote of thanks. The one day camp concluded at 3.30 pm.





## 12. Organic Farming (30-11-2016)

The organic farming activity named “Plant a sapling for a Good Future” was inaugurated by Sree Navas, the Agriculture Officer of the Pangode Panchayath. Our Principal, Sree A.H. Badarudeen shared the need and importance of organic farming. The saplings are planted and seeds are strewn by volunteers as per the guidance of agriculture officer. The programme officer Sree Shijina A.S expressed vote of thanks.



## 13. World Aids Day Observance (01-12-2016)

On December 1<sup>st</sup> 2016, NSS unit of Mannaniya College conducted World Aids Day observance in association with Red Ribbon Club. In connection with Aids Day, a rally of nss

volunteers are conducted to the Pangode town. The rally was flagged off by the college Principal Sree. A.H. Badarudeen.



#### **14. Special Seven Day Camp (23-12-2016 to 29-12-2016)**

National Service Scheme special seven day camp of Mannaniya College of Arts and Science, Pangode, entitled as “Mythri 2016” was organized in KVUPS Pazhavila, Pangode. The camp was inaugurated by Mannaniya College Principal Sri A.H.Badarudeen. The inaugural meeting was presided over by the NSS programme officer Sri.Asseem J. The programme officer Smt Shijina A.S welcomed the gathering. The facilitation speech are made by Smt Rajina (Pangode Panchayath ward member), Miss Binsy (Ward Member), Dr.M.S.Noufal (HOD of Malayalam department), Sri. Abdul Hashim (HOD of Islamic History) and Dr,P. Nazeer (Assistant Professor of Department of Islamic History). NSS volunteer secretary Miss Fathima H expressed vote of thanks to volunteers.

The second day of the camp starts at KVUPS Pangode with Registration of volunteers. Afternoon, the Icebreaking Session was conducted by Dr.M.S.Noufal, Head of the Department of Malayalam, Mannaniya College of Arts and Science, Pangode. Through

this session, he classified the whole students into six groups and each group was entrusted with different committees on different days of the camp.

On 25-12-2016 the first session “Kudumbasadas” was started at 9.30 am. It was presented by Dr. V.Sunil Raj, Clinical Psychologist. He delivered a wonderful presentation on importance of family relationships, which created such an emotional feeling among students. At the end of the session, many students gave feedback to it. Afternoon session was taken by Dr. Biju A. Padmanabhan about “Insight into the Being”.

On 26<sup>th</sup>, all groups went for health survey at Oorankuzhy colony and Uliyancode colony. It was a big experience for NSS volunteers. They can see different people who are struggling for food and other basic needs. The afternoon session was “Nattarangu” which was taken by Sri Anil Venjaramoodu (Principal of Hercules Model ITC). He described the history and various types of ‘nadanpattu’. The class is enriched by various folk songs.

Next day they engaged in cleaning activities, plantation and agriculture activities at the college campus. At 2.00 pm, the session “Prakritiyodoth” was taken by Sri Yousuf Panickamvila. He provided awareness of snakes and various types of snakes seen in Kerala

On 28<sup>th</sup> the Skill Development Programme was the first session. It was taken by Sri Satheendran Panthalakode. He taught the students to make crafts and useful things from old news papers and craft papers. Next session “Prathibhayodoth” was presented by Sri Ansari, Headmaster, KVUPS, Pangode. He presented a wonderful documentary on Kallara history and freedom fighting.

On last day the first session was cleaning of the school campus .After that, at 11.00 am the valedictory function was conducted. The programme was presided by Sri Abdul Hashim (Head of the Department of Islamic History, Mannaniya College of Arts and Science, Pangode). Sri Asseem J, the NSS Programme officer welcomed the gathering. The function was inaugurated by Smt. Geetha S, Pangode Panchayath President.







### **15. Republic Day Celebration (26-01-2017)**

The Republic day was celebrated on 26-01-2017. The national flag was hoisted by principal Sri. A. H. Badarudeen at 8.30 am. After that he gave republic message. The volunteers also shared their knowledge of republic day and its importance.



### **16. Harvesting**

On 18<sup>th</sup> January 2017, the Harvesting of Organic Farming was inaugurated by Principal Sree A.H. Badarudeen and the cheera leaves (spinach) was handed over to the Canteen Manager Smt. Prabha. The auction of the crops was conducted on 6<sup>th</sup> February 2016 for Rs 70 and on 14<sup>th</sup> February 2016 for Rs 110.





### **17. Cancer Awareness Class (21-02-2017)**

An awareness class on cancer diseases was conducted in relation to the World Cancer Day (February 4). The class was taken by Sri Peter.C, Health Supervisor, Kallara Community Health Centre. He provided information on Kerala health model and its problems, Different forms of cancer, its reasons and the measures to identify and treatment. Fifty NSS volunteers

have participated in the class. Sri. Pradeep, Health Supervisor of Bharathannoor PHC and Mr. Shiju also supported the awareness class.



#### **18. Posture Exhibition (08-03-2017)**

International women's day is celebrated on March 8 every year. It commemorates the movement for women's rights. A posture exhibition was conducted in relation to the women's day. It is inaugurated by the college principal.







### 19. Snehanidhi (09-03-2017)

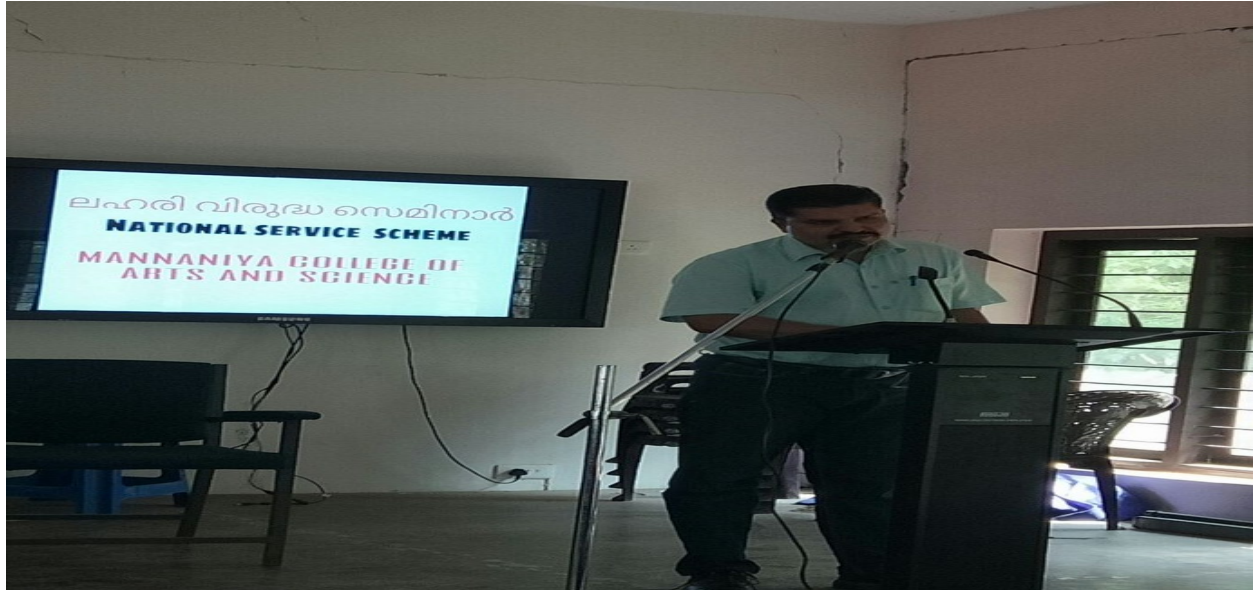
Snehanidhi Programme is an extension activity of social survey conducted by NSS volunteers during the special seven day camp. On the basis of this survey, the NSS unit adopted the ward and identified the persons who are suffering health problems and poor. A collection of small amount was made on every Thursdays and this amount is utilized to help them. First Snehanidhi was inaugurated by College Principal Sri A.H.Badarudeen. On 23<sup>rd</sup> March 2017, the first donation was made by the NSS programme officer Sri. Asseem J.





## 20. Seminar on Anti Drugs (10-03-2017)

A seminar on Anti Drugs was conducted by the NSS unit in association with the Excise Department. All NSS volunteers are actively participated in the seminar. The seminar was inaugurated by College Principal and it is presided over by NSS programme officer Sri.Asseem J.



## 21. Volunteer Leadership Camp

The leadership training was conducted by NSS, University of Kerala on 10-03-2017 to 13-03-2017. For this, two volunteers Abhijith I TTM and Adarsh II Bcom have participated in the camp.



## 22. Women's Day Observance (13-03-2017)

As part of Women's Day (March 8) celebration was conducted on 13<sup>th</sup> March. The celebration was inaugurated by Smt. Bindhu, Teacher, Feminine activist and poetess. NSS unit of the college has honored the senior teacher Smt. Asha Kumar in association with Women's Club.





### **23. One Day Camp (18-03-2017)**

One day camp was conducted on 18-03-2017. Volunteers reached the college by 9.30 am for one day camp. The Programme officer, Shijina A.S welcomed the gathering and Asseem J presided over the function. In this day, all the volunteers actively participated in the campus cleaning and waste management activities. After that lunch was provided to the volunteers. Then the volunteers have classified into separate groups and each group discussed various initiatives to be implemented by NSS. They also presented certain cultural activities. The one day camp concluded at 3.30 pm.





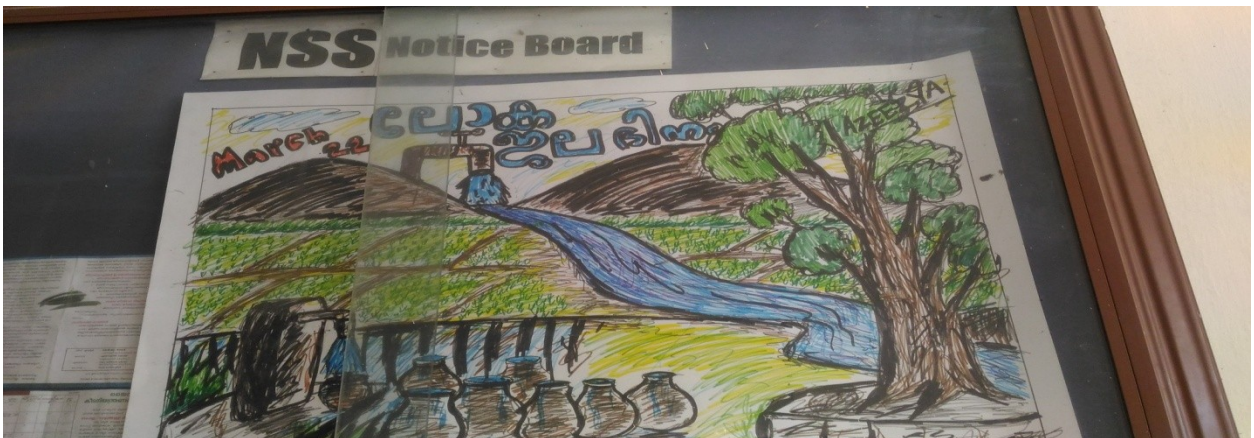
#### **24. World Forest Day Observance (21-03-2017)**

The NSS programme officers and volunteers have participated in the 'Largest Tree Hug', a Guinness record programme organized by Forest Department at Jawaharlal Nehru Tropical Botanical Garden and Research Institute, Palode.



#### **25. World Water Day (22-03-2017)**

World Water day is annual event celebrated on 22 nd March. The day focuses attention on the importance of universal access to clean water, sanitation and hygiene (WASH) facilities in developing countries. The day is also focusing on advocating for the sustainable management of freshwater resources. Based on the theme, a poster exhibition was made in the college.



#### **26. Elocution Competition (27-03-2017)**



An elocution competition was conducted in the college seminar hall on 27-03-2017. The topic is related to the 'youth against the drugs'. It was conducted in association with the Excise Department. The winner for the competition is Ms. Vaishnavi from I TTM. The second place was scored by Alfiya III BSc and the third position to Al Ameen III TTM and Jincy I BSc.



#### **27. National Residential Seminar (27-03-2017 to 29-03-2017)**

Centre for Gandhian Studies and National Service Scheme, University of Kerala had conducted three days National Residential Seminar at NSS College for Women, Neeramankara, Thiruvananthapuram on 27<sup>th</sup> to 29<sup>th</sup> March 2017. Two female NSS volunteers- Shereena S (I TTM) and Afeena S. Saiju (I Bcom) have participated in the seminar.



## 28. Blood Donation Camp (29-03-2017)

Blood Donation Camp was conducted on 29<sup>th</sup> March 2017. It was inaugurated by College Principal Sri A.H. Badarudeen. First blood donation was made by College Union Chairman Sri. Jishnu. T. Vijayan. A total of 25 students have donated blood.





### **29. NSS Manuscript Magazine Release (30-03-2017)**

NSS manuscript magazine for the year 2016-17 was released on 30-03-2017 as part of annual day celebrations. The trophy and cash award for the winner of elocution competition was also distributed by college Principal Sri A.H. Badarudeen.







### **30. Other activities**

Several other activities are conducted in relation to NSS. It includes sunflower garden making, donating funds as part of charity, donating fund for medical treatment of a parent of a students from the college, donating funds for marriage of a poor girl in the college, cleaning activities, plantation activities, etc.

