

Regular Activity Report 2017-18

The programme officer Mr. Asseem J was appointed on 1-6-2014 and Shijina A.S on 15-06-2016 by the Principal.

1. World Environment Day (05-06-2017)

In connection with world environment day, an awareness class was conducted. It was attended by Sri. Arun Lal, Beat Forest Officer, Palode. The Programme Officer Sri Asseem J presided and Programme Officer Shijina A.S welcomed the gathering. Many saplings are planted on the college campus. After all 500 saplings are distributed to all students and college staffs.



2. World Blood Donor Day Observance (14-06-2017)

Every year on June 14, countries around the world celebrate the World Blood Donor Day. The event, established in 2004, serves to raise awareness of the need for safe blood and blood products and to thank blood donors for their voluntary, life-saving gifts of blood. An awareness class relating to World Blood Donor Day was conducted by Dr. Sreekumar, Medical Officer, Gokulam Hospital. The class provided the importance of blood donation in the present days. It created awareness on different blood groups and its benefits.



3. Organic Farming (17-11-2017)

The organic farming activity was made on 17-11-2017 as a continuation to the previous years' programme "Plant a sapling for a Good Future". The saplings are planted and seeds are strewed by volunteers as per the guidance of NSS programme officers.



4. NSS Orientation Programme

NSS orientation programme was conducted on 26-07-2017. Dr.M.S. Noufal, HOD, Department of Malayalam inaugurated the function and gave a motivational speech to the students. Mr. Dilshad Bin Ashraf delivered a speech on the activities of NSS and also explained the need and significance of social activities in students' life. After that Ashik.S expressed vote of thanks.



5. Swachh Bharat Observance. (1-8-2017 to 15-8-2017)

Cleaning activities were conducted in the college campus. Apart these, the volunteers took a pledge –“Swachh Bharat Pledge” to clean the surroundings of the college campus, their residing and to be keep clean and hygiene in daily life.



6. Independence Day Celebration (15-08-2017)

Independence Day was celebrated on 15-8-2017. The national flag was hoisted by Principal Mr. A.H.Badarudeen at 8.30 am. After the sweets distribution, Principal shared independence message to the volunteers. After that all the volunteers shared their knowledge regarding Independence Day.



7. Snehatheeram visit (31-8-2017)

On 31-08-2017, some NSS volunteers and the NSS PO Shijina.A.S visited Snehatheeram, which is an institution situated in Kallara and it is established to help the mentally challenged women and psychic patients. The NSS unit visited there and distributed ‘Onakodi’ and some provisions to them.



8. Swachh Bharath Observance (22-09-2017)

As part of swachh bharath pakhwada, cleaning activities in the campus are conducted on 22-09-2017. Waste Digs are taken in the college campus. Plastics are collected and other wastes are disposed.



9. Cleaning Mission at Kadalukanipara (26-09-2017)

On 26th September 2017, a great cleaning mission was conducted at the tourist location, Kadalukanipara which is situated at Pulimath Panchayath. The Programme was supported by DTPC, Suchithwa Mission and Pulimath Grama Panchayath. The mission was inaugurated by Mr. Vishnu, Pulimath Panchayath President. Ms Sandhya (Gramapanchayath Member), Mr. Sunil Kumar (Thalikuluzhi Residence Association President), Ms Simi (Suchithwa Mission Representative), Mr. Asseem.J (NSS Programme Officer), Mr Dilshad Bin Ashraf (Assistant Professor of Psychology) and Dr.Ezreth. P (Assistant Professor of Commerce) also lead the mission. 102 NSS volunteers are participated in this mission. All the wastes and plastic materials including bottles and covers are collected by volunteers. They give awareness to the surrounding people about cleanliness and promoted them to reduce the usage of plastics. They circulated the pamphlets of suchithwa mission to peoples. The great cleaning mission was also supported by the Mathrubhumi, publishing the event in their newspaper.





10. Cleaning and Farming (03-10-2017)

On 3rd October 2017, all the NSS volunteers cleaned the campus and made tapioca plantings in the college campus. All the activities are led by NSS Programme Officers Mr.Asseem J and Shijina.A.S.



11. NSS Meeting and Prize Distribution (19-10-2017)

A meeting of first year volunteers has conducted at the Seminar hall of the Mannaniya College of Arts and Science, Pangode. The meeting was inaugurated by the Principal, A.H.Badarudeen. Sri Asseem.J NSS Programme Officer presided over the meeting and Smt. Shijina.A.S; NSS Programme Officer welcomed the gathering. Sri Abdul Hashim, Head of the Department of Islamic History gave some advices and guidance to the volunteers. In this meeting the new NSS volunteer secretaries were announced and the action plans were discussed. The Lady volunteer secretary is Afeena.S.Saiju and the other one is Muzammil.S. Apart these, trophies were distributed to the best volunteers of the period 2016-17. The best male volunteer is Ashik.S, III B.Sc and best female volunteer is Fathima.H, III B.Com. Anoop. M.V of III TTM is also presented a trophy for his remarkable services.



12. Blood Donation Camp (23-10-2017)

A blood donation camp was organized in the college in association with National Service Scheme of Mannaniya College of Arts and Science, All Kerala Blood Donor Society (KEBS) and College Union. It is very helpful to spread the message of blood donation to save a life. Total of 27 persons donated blood on that day and refreshments were provided to them. The certificates were also distributed to them.



13. Participation in State Award Function (27-10-2017)

The State Award function of National Service Scheme was conducted at Nishagandhi Auditorium, Trivandrum on 27-10-2017. The NSS Programme officer Shijina.A.S and ten volunteers also participated in the award function.



14. Leadership Training Programme (27-10-2017 to 29-10-2017)

The leadership training programme was conducted by NSS, University of Kerala. The venue of the programme is Students Centre, PMG, Trivandrum. Two NSS Volunteers named Afeena.S.Saiju and Muzammil.S have successfully participated in the programme.



15. Snehanidhi Donation to Snehatheeram (1-11-2017)

On 1st November 2017, the snehanidhi collection (Rs.5000) was presented to the Sister of the Snehatheeram, Kallara by Chairman of the Kerala Administrative Reforms Commission V.S.Achuthanandan in a function organized in the college.



16. World Diabetic Day and Children's Day Observance (14-11-2017)

In connection with world diabetic day, two programmes are conducted. One is Diabetic Run. The

run is started from the college to the Pangode town. Mrs. Asha Kumar flagged off the run and around 140 volunteers are participated in the run. The other one is Awareness class. The class was conducted at the college auditorium at 2.00 pm. The class was managed by Dr. Satheesh from Gokulam Hospital, Kallara. He provided awareness on the diabetic problems and how to manage it. He advised to some food habits to be healthy and free from diseases.

As part of the Children's Day observance, the programme of "Pusthaka Thottil" is arranged. The programme is that the children's books are collected from students of the college and donated these to the nearest school. The NSS team can collect around 200 books and donated to the Govt. L.P School, Kanchinada. The books are donated by our Principal Sri. Badarudeen at a programme conducted in the school. NSS Programme officers- Asseem.J and Shijina. A.S, Islamic History Department HOD Mr. Abdul Hashim and five NSS volunteers are also participate in the event. The team visited the school and presented some cultural programmes to the children.



17. Rare Blood Group Formation (10-11-2017)

The NSS volunteers collected forms of blood group from all the students of the Mannaniya College of Arts and Science, Pangode in order to prepare a directory of blood groups. The rare blood group from the University is filled and also forwarded to the University.

Directory of Blood Groups and Rare blood group form forwarded to university

18. Blood Donation Camp (27-11-2017)

The second blood donation camp of the year 2017 was conducted on 27-11-2017. The camp was mainly organized to collect rare bloods. A total of 32 individuals including two teachers had donated blood in the camp.



19. One Day Camp (9-12-2017)

One day camp was conducted on 9-12-2017. Volunteers reached the college by 9.30 am for one day camp. The Programme officer, Shijina A.S welcomed the gathering and Asseem J presided over the function. In this day, all the volunteers actively participated in the campus cleaning and waste management activities. Some of the students in the entrepreneurial development group engaged in the activities such as Candle making, Agarbathy making, Card making and Soap making. After the lunch the volunteers have come out with different cultural programmes. The one day camp concluded at 3.30 pm.



20. NSS Orientation (19-12-2017)

The National Service Scheme Orientation was provided to the first year volunteers on 19-

12-2017. The class was taken by Mr Rajilan (Designer of training for Govt of India, Chairman of Research Academic for Excellence , Kollam). The Programme Officer Shijina.A.S welcomed the gathering. The class created an awareness on national service scheme, its history, basic theme, nss song, nss logo and so on. He also formed the students into ten groups and group activities were also given. All the groups performed different activities and presented a summary on the stage.



21. SEVEN DAY CAMP (21-12-2017 to 27-12-2017)

National Service Scheme special seven day camp 2017 of Mannaniya College of Arts and Science, Pangode, entitled as “Velicham” was organized in KVUPS Pazhavila, Pangode. The main theme of the camp was Cleanliness, Water and Harvest. The camp was inaugurated by Dr.M.S Noufal, Head of the Department of Malayalam, Mannaniya College of Arts and Science, Pangode. He also talked the importance of social service with the help of certain examples. The inaugural meeting was presided over by the NSS programme officer Sri.Asseem J. He gave a brief introduction to the programmes of NSS as regular activity and in the special camp. The programme officer Smt Shijina A.S

welcomed the gathering. The facilitation speech was made by Sri. Abdul Hashim (HOD of Islamic History) and Smt. Mumthas S (Assistant Professor of Department of Commerce and Staff Club Secretary). NSS volunteer secretary Muzammil.S expressed vote of thanks to volunteers.

The second day of the camp starts at KVUPS Pangode with Registration of volunteers. In the morning, the Icebreaking Session was conducted. Through this session all the volunteers introduced themselves and showed their cultural talents on the stage. The afternoon session was handled by Dr.M.S.Noufal, Head of the Department of Malayalam, Mannaniya College of Arts and Science, Pangode. Through this session, he classified the whole students into six groups. The committee includes programme committee, food committee, purchase committee, Discipline and Health committee, Reception Committee and Accommodation and cleaning committee. He also gave different tasks and told motivating stories to identify the aptitude of students. He provided an opportunity to all the volunteers to introduce themselves and about their friends. On 23-12-2017, the morning the session “Exercise and Health Habits” was lead by Sri. A. Abdulla from KVUPS Pangode. He explained the importance of health and how to manage it. He demonstrated some yoga measures to maintain health. After the breakfast, the first session was started at 9.30 am. It was an awareness class on environmental protection. The class was presented by Mr. Santhosh (Resource Person from District Suchitwa Mission, Thiruvananthapuram). He delivered a presentation on the solid waste management and suggested measures to create awareness on the public with regard to waste management. The afternoon session was “Nattarangu” which was taken by Sri Anil Venjaramoodu (Principal of Hercules Model ITC). He described the history and various types of ‘nadanpattu’. The class is enriched by various folk songs. At 6.30 pm all the groups presented various cultural programmes and games. All the team leaders reviewed their experience on the day.

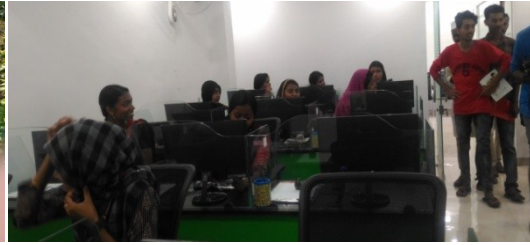
On 24-12-2017, the camp was started with the yoga class of Sri. A.Abdulla at 6.30 am. The first session of “Seed Pen Making” was started at 9.30 am. The class was taken by Smt. Pushpa, trainer from Vellanadu. She explained and demonstrated the way of making paper pens and seed pens. All the NSS volunteers made seed pens in the class. The afternoon session was environmental awareness class by Mr. Santhosh. He explained green protocol measures to be adopted by everyone and in the village. At 4.00 pm the session “Prakritiyodoth” was taken by Sri Yousuf Panickamvila. He provided awareness of snakes and various types of snakes seen in Kerala. He exhibited three varieties of snakes for NSS volunteers.

On fifth day the morning session is yoga which was lead by Mr. A Abdulla. The morning session is cleaning activity of a “stream in the Uliyancode colony”. The volunteers were grouped into three groups. One group cleaned the stream and builds a small barrier against the stream with mud and plants. Second group engaged in the campus making activities. The third group engaged in the agriculture activities and cleaned the college road. Afternoon, an awareness class was provided by the experts of Talrop Techies Park, KVUPS Hercules Complex Campus, Pangode. The institute is working under Talrop Educations Private Limited.

The day (26-12-2017) was begun with Yoga class of Sri. Abdulla. After the breakfast, “Suchitwa Survey” was conducted by NSS volunteers at Pangode Panchayath. NSS volunteers visited more than hundreds of homes at Pangode Panchayath and created awareness among them in waste management and water conservation. They also distributed vegetable seeds and seed pens to the villagers. Along with these they pasted the posters from Suchitwa Mission at important places of Pangode Pachayath. After the lunch, the volunteers made a review of the survey. At 3.00 pm the awareness class on life style diseases and water related diseases are discussed by Sri. Mahesh, Health Inspector, PHC, Kallara. He discussed the healthy food habits and various measures taken to prevent epidemic diseases and treatment of such diseases.

On last day the first session was cleaning of the campus .After that, at 11.00 am the valedictory function was conducted. The meeting was presided over by Sri Asseem J, the NSS Programme officer. Smt Shijina A.S (NSS Programme Officer) welcomed the gathering. The function was inaugurated by Sri. A.H. Badarudeen, Principal, Mannaniya College of Arts and Science, Pangode. The facilitation speeches are made by Sri. Kadakkal Junaid (Office Superintendent), Afeena S.Saiju (Lady volunteer secretary), Azif Muhammad and Aneesa Beegom. The vote of thanks is presented by Muzammil. S NSS Volunteer Secretary.





22. Republic Day (26-01-2018)

The Republic day was celebrated on 26-01-2018. The national flag was hoisted by principal Sri. A. H. Badarudeen at 8.30 am. After that he gave republic day message. The volunteers also shared their knowledge of republic day and its importance.



23. Seminar on Green Protocol (7-2-2018)

A seminar on green protocol has conducted in the Karyavattom. Seven students participated in the seminar conducted by District Collector at Sports Hub, Karyavattom

24. Awareness class on Safety (9-2-2018)

An awareness class and demonstration on safety was conducted by Fire and Safety Department on 9-2-2018. The class demonstrated how to protect a man trapped in wells and how to rescue gas accidents and fire accidents.



25. Food Fest (14-2-2018)

The food fest was conducted on 14-2-2018. All the students in the college have actively participated in it. The programme included class wise Exhibition of food and its sale. Different types of foods that are made by students are used in the fest. It includes snacks, biriyani, tapioca, all types of pickles, etc. It was a successful programme. The first position is secured by II B.Sc, second prize I BA and third prize I B.Sc.



26. Field Visit (23-02-2018)

A field trip was arranged on 23-2-2018 for first year B.Com students. Field trip to Shendurney ecotourism with 37 students of First year students provided awareness on eco friendly environment and how to protect such places.



27. ED activities (24-02-2018)

The entrepreneurial group of volunteers made things like flowers, jewellery and also engaged in some craft works. All the things made by them are displayed in the co-operative society of the Mannaniya College for its sale.





28. National Integration Camp (12-03-2018 to 18-03-2018)

Our NSS volunteer secretary Muzammil.S.V was selected for the National Integration Camp at Dharward, Bengaluru. He successfully completed the camp and was awarded with certificate and memento.





29. Women's Day Celebrations (14-03-2018)

Women's day was celebrated on 14-03-2018 as part of the observation of World Women's Day (08-03-2018). The chief guest for the programme was Ms. Oleena, Associate Professor, M.G. College, Trivandrum. She inaugurated the function and delivered a thought provoking speech to the audience. After the session, different cultural programmes of girl students carried out on the stage.



30. Harvesting (07-02-2018 and 16-03-2018)

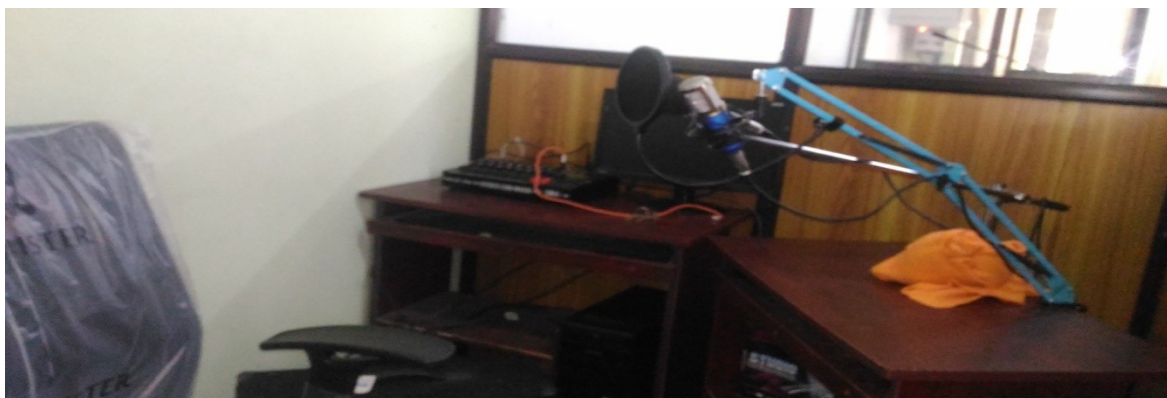
The harvesting of agricultural products was made on 07-02-2018 and 16-03-2018. The programme was inaugurated by college principal Sri. A.H.Badrudeen. The products are sold to the staff of the college through auction sale.





31. Radio Inauguration (20-03-2018)

Our Radio “MANDIO” was inaugurated by 92.7 BIG FM RJ Kidilam Firos and Sumi on 20-03-2018. The radio programmes are telecasted on every day at lunch break time. The programme schedule includes thought for the day, Today’s importance, News, college news, music, interviews, important tips and so on. The regular radio programmes are started from 22-03-2018.



32. World Water Day (22-03-2018)

As part of world water day observance, volunteers took a pledge to protect the water resources, reduce the wastage of water, reduce the usage of water and save water for the sustainability development.



33. Snehanidhi Donations

Snehanidhi is the donation programme launched in the year 2016-17. It is fund collected for helping cancer patients and other persons suffering from diseases. Snehanidhi Donations are given to different persons are shown below:

Snehanidhi Donations

Date	Types of payment	Amount
18-08-2017	Cancer Patient	1000
22-08-2017	Cancer Patient	1000
22-09-2017	Palliative care patient	2000
1-11-2017	Donation to Snehatheeram	5000
7-12-2017	Donation to a patient	500
8-12-2017	Donation to a cancer patient	1000
9-01-2018	Donation to a patient	500
9-2-2018	Donation to a cancer patient	725
	Total	11725





34. One Day Camp (24-03-2018)

One day camp was conducted on 24-03-2018. Volunteers reached the college by 9.30 am for one day camp. The Programme officer, Shijina A.S welcomed the gathering and Asseem J presided over the function. In this day, all the volunteers actively participated in the campus cleaning and waste management activities. After the lunch the volunteers have come out with different cultural programmes. The one day camp concluded at 3.30 pm.



35. Snehatheeram Visit (27-03-2018)

On 27 March 2018, three teachers and 10 volunteers visited Snehatheeram and donated some provisions to them. The provisions are collected from the students and staff of our institution. The sisters of the Snehatheeram explained about the life stories of some members. The members performed some cultural programmes. The students and staff made a conversation with them. This creates a happiness among them.

