1. SEVEN DAY CAMP (21-12-2017 to 27-12-2017)

National Service Scheme special seven day camp 2017 of Mannaniya College of Arts and Science, Pangode, entitled as "Velicham" was organized in KVUPS Pazhavila, Pangode. The main theme of the camp was Cleanliness, Water and Harvest. The camp was inaugurated by Dr.M.S Noufal, Head of the Department of Malayalam, Mannaniya College of Arts and Science, Pangode. He also talked the importance of social service with the help of certain examples. The inaugural meeting was presided over by the NSS programme officer Sri.Asseem J. He gave a brief introduction to the programmes of NSS as regular activity and in the special camp. The programme officer Smt Shijina A.S welcomed the gathering. The facilitation speech was made by Sri. Abdul Hashim (HOD of Islamic History) and Smt. Mumthas S (Assistant Professor of Department of Commerce and Staff Club Secretary). NSS volunteer secretary Muzammil.S expressed vote of thanks to volunteers.

The second day of the camp starts at KVUPS Pangode with Registration of volunteers. In the morning, the Icebreaking Session was conducted. Through this session all the volunteers introduced themselves and showed their cultural talents on the stage. The afternoon session was handled by Dr.M.S.Noufal, Head of the Department of Malayalam, Mannaniya College of Arts and Science, Pangode. Through this session, he classified the whole students into six groups. The committee includes programme committee, food committee, purchase committee, Discipline and Health committee, Reception Committee and Accommodation and cleaning committee. He also gave different tasks and told motivating stories to identify the aptitude of students. He provided an opportunity to all the volunteers to introduce themselves and about their friends. On 23-12-2017, the morning the session "Exercise and Health Habits" was lead by Sri. A. Abdulla from KVUPS Pangode. He explained the importance of health and how to manage it. demonstrated some yoga measures to maintain health. After the breakfast, the first session was started at 9.30 am. It was an awareness class on environmental protection. The class was presented by Mr. Santhosh (Resource Person from District Suchitwa Mission. Thiruvananthapuram). He delivered a presentation on the solid waste management and suggested measures to create awareness on the public with regard to waste management. The afternoon session was "Nattarangu" which was taken by Sri Anil Venjaramoodu (Principal of Hercules Model ITC). He described the history and various types of 'nadanpattu'. The class is enriched by

various folk songs. At 6.30 pm all the groups presented various cultural programmes and games. All the team leaders reviewed their experience on the day.

On 24-12-2017, the camp was started with the yoga class of Sri. A.Abdulla at 6.30 am. The first session of "Seed Pen Making" was started at 9.30 am. The class was taken by Smt. Pushpa, trainer from Vellanadu. She explained and demonstrated the way of making paper pens and seed pens. All the NSS volunteers made seed pens in the class. The afternoon session was environmental awareness class by Mr. Santhosh. He explained green protocol measures to be adopted by everyone and in the village. At 4.00 pm the session "Prakritiyodoth" was taken by Sri Yousuf Panickamvila. He provided awareness of snakes and various types of snakes seen in Kerala. He exhibited three varieties of snakes for NSS volunteers.

On fifth day the morning session is yoga which was lead by Mr. A Abdulla. The morning session is cleaning activity of a "stream in the Uliyancode colony". The volunteers were grouped into three groups. One group cleaned the stream and builds a small barrier against the stream with mud and plants. Second group engaged in the campus making activities. The third group engaged in the agriculture activities and cleaned the college road. Afternoon, an awareness class was provided by the experts of Talrop Techies Park, KVUPS Hercules Complex Campus, Pangode. The institute is working under Talrop Educations Private Limited.

The day (26-12-2017) was begun with Yoga class of Sri. Abdulla. After the breakfast, "Suchitwa Survey" was conducted by NSS volunteers at Pangode Panchayath. NSS volunteers visited more than hundreds of homes at Pangode Panchayath and created awareness among them in waste management and water conservation. They also distributed vegetable seeds and seed pens to the villagers. Along with these they pasted the posters from Suchitwa Mission at important places of Pangode Pachayath. After the lunch, the volunteers made a review of the survey. At 3.00 pm the awareness class on life style diseases and water related diseases are discussed by Sri. Mahesh, Health Inspector, PHC, Kallara. He discussed the healthy food habits and various measures taken to prevent epidemic diseases and treatment of such diseases.

On last day the first session was cleaning of the campus .After that, at 11.00 am the valedictory function was conducted. The meeting was presided over by Sri Asseem J, the NSS Programme officer. Smt Shijina A.S (NSS Programme Officer) welcomed the gathering. The

function was inaugurated by Sri. A.H. Badarudeen, Principal, Mannaniya College of Arts and Science, Pangode. The facilitation speeches are made by Sri. Kadakkal Junaid (Office Superintendent), Afeena S.Saiju (Lady volunteer secretary), Azif Muhammad and Aneesa Beegom. The vote of thanks is presented by Muzammil. S NSS Volunteer Secretary.

