

1. Three Days Residential Workshop on Women Capacity Building (07-08-2018 to 09-08-2018)

The proposed workshop aims to educate the female volunteer Secretaries / Volunteer Leaders of the National Service Scheme, University of Kerala for capacity building by offering training on event management, decision making capacity, psychological training, training for developing soft skills and basic life skills. Resource persons with proven ability are invited from far and wide to impart training and awareness classes. One female volunteer from each NSS unit is given chances to participate and undergo training. Sri. S. Suresh Kumar, International Trainer, Life Coach and Hypnotherapist imparted awareness on capacity building techniques and goal setting techniques in life. Sri. K.S. Sreekesh, Zone Trainer created awareness on group activities and its possibilities. Sri. Ajith S., national Trainer created awareness on personality development. Sri. M.S. Mohanachandran, Zone Trainer provided training on communication skills and effective public speaking. Sri. S. Suresh Kumar, International Trainer, Life Coach and Hypnotherapist imparted awareness on capacity building techniques and goal setting techniques in life. Sri. K.S. Sreekesh, Zone Trainer provided awareness on group activities and its possibilities. Sri. Ajith S., National Trainer created awareness on personality development. Sri. M.S. Mohanachandran, Zone Trainer gave training on communication skills and effective public speaking. Brainstorming sessions are also provided to equip volunteers to become globally competitive and socially responsible. The services of trainers like Brahmanayakam Mahadevan, G.V Hari and resource persons provided by the Kerala State Women's Commission are also given for for imparting training and awareness to the female volunteers participating in the workshop.

The first year volunteers Asiya Beevi S from BA and Abhirami Ramesh from TTM are deputed from the college to participate in the three day residential workshop on women capacity building. They successfully completed the programme.