

Activity Report 2018-19



Walk with a Scholar (WWS) Programme



Mannaniya College of Arts & Science

Pangode, Kallara, Thiruvananthapuram -695609

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Walk With a Scholar (WWS) is an initiative of Higher Education Department , Govt of Kerala, started in the academic year 2012-13. This scheme proposes to arrange specialized mentoring programs for students in under graduate to provide guidance for their future. The scheme introduces the idea of mentoring and builds on the concept of mentor as a ‘Guide’ and ‘Friend’. The mentoring scheme for students will be purely voluntary in nature. It will be open for all students entering the first year of the under graduate programme of study. The Scheme aims at giving necessary orientation to needy students, to prepare them for employment and give them necessary guidance, motivation and necessary mental support to identify appropriate areas for higher study as well as employment. The mentoring scheme should be planned to identify the opportunities available for the scholars, the areas suitable for them, the manner in which the scholar should proceed before them and evolve ways by which they can be acquired. The scheme involves internal mentoring, external mentoring, motivational visit to reputed educational institutions, leadership camps, internship with civil servants etc. The scheme started in aided college in the year 2014-15. We gave the proposal in the beginning year itself and the scheme is functioning well in our institution since 2014-15. Apart from internal mentoring and external mentoring we also organized and implemented creative initiatives like 5 O’ Clock Club, Let’s Talk English speaking course, palliative care programmes and mobile app development by Team Mulberry.

External Mentoring

The main weaknesses of the mentees are emotional imbalance, stage fear, Communication problem and Lack of confidence. External mentoring session was organized in such way that the mentees can overcome this kind of problems. The interactive session given by them gave more importance to solve the problem of stage fear, communication, confidence of mentees .Special Emphasis was given to motivate and create more confidence among mentees to avail better

future opportunities. Legal awareness, Personality development, Career counseling, Orientation for preparing competitive examinations were the main activities of the external mentoring.

External mentoring

We had six external mentoring sessions by national and international trainers.

1. TCI (Theme Centred Interaction) one day workshop (First year mentees)
Trainer : Dr.C.Thomas Abraham (International TCI Facilitator)
Topic : We born to fly
Date : 16th November 2018.



2. TCI (Theme Centred Interaction) one day workshop (Second year mentees)
Trainer : Dr.C.Thomas Abraham (International TCI Facilitator)
Topic : Finding out the inner potential
Date : 18th November 2018.



3. One day Career Skill Development Training Programme (First year mentees)
Trainer : Alex Mathew (Director, T-Horizon, Thodupuha)
Date : 20th November 2018



4. Skill Development Training (First year mentees)
Trainer : Suvrad M T
(Consultant Psychologist, Integrated Centre for Counselling & Psychotherapy, Aripa, Malappuram (Dt))
Topic : People Skills: Development and Strategies for the Modern World
Date: 15th January 2019



5. Mindful Living – Meditation (Second year mentees)



Trainer : Prajeesh palanthara (Asst Professor, Dept of Psychology, LISSAH College, kaithappoyil, Calicut)

Topic : Mindful Living

Date : 14th February 2018

6. One day Career Development Training (Second year mentees)

Trainer : Alex Mathew (Director, T-Horizon Thodupuha)

Topic : Right Attitude towards right life

Date : 15th February 2018



Internal Mentoring

Internal mentoring took place effectively. 10 internal mentors engaged minimum of 10 hour for their mentees. A few mentors engaged more for the betterment of students. All the mentors submitted their internal mentors diary. The main activities of internal mentoring were debates, discussion, mock interviews, book reviews, newspaper discussion , quiz competitions, assignments for personal growth etc



Other activities

Let's talk – English Speaking Course



A spoken English course designed and conducted by WWS students with the supervision of English Department. This is a 30 hour course having morning and evening batch. The students are designed the syllabus in five modules and they were the trainers. The course include group discussions, debate and video presentations. Twenty three student completed the course in two batches.

The Resource Team:

Shahana Mol & Nouja Jalal (I BSc Chemistry)

Tharun Surendran (I BCom TTM), Asif Muhammed (II BSc Chemistry)

5 O' Clock Club

A group of students who help together to wake up in the morning and engage in creative reading habit. The group having 23 members. The coordinator made the group in to a circular chain and a series of phone call made in that circular order to wake up. Our IT division team mulberry created a mobile app for 5 o clock club through which with a click in the app coordinator can call all the volunteers one by one.

Coordinator : Jagfar Khan (II BA Islamic History)

Team Mulberry

This is the IT division of WWS. The main aim of the team is to develop an innovative start up in our college. The team developed two mobile app and one under process.

1. Mobile App for 5 O Clock club
2. Attendance app for the college
3. App for Kerala university question bank (under process)

Coordinator : Shibin (II BCom Cooperation)



Palliative care unit



It is an initiative to inculcate empathy and humanity among volunteers. The unit consisted of 15 volunteers having genuine interest in social service activities. The team visits bedridden patients and spend time with them. We are also planning to expand this activities associating with Pallium India.

Coordinators: Muhammed Ijas Khan (II BCom)
Muhammed Sha –II BA Islamic History

Walk With a Scholar (WWS) Programme 2018-19

Total number of students - 60

List of students – Batch 1(Second year)

S.No	Name	Class
1	Jagfar khan.s	BA islamic History
2	Aneesa beevi E	B.Com Cooperation
3	Azif Muhammad	Bsc Chemistry
4	Kaveri Mohan m	B.com Cooperation
5	Ameena. L. S	Bsc Chemistry
6	Jasmin. S	Bsc Chemistry
7	Aswathi Ghosh A R	Bsc Chemistry
8	Muhammad sha J S	Bsc Chemistry
9	Ajna R	Bsc Chemistry
10	Fathima Rafeek	BA islamic History
11	Suhana S	BA islamic History
12	Amritha B.A	Bsc Chemistry
13	Unais rawther s	BA islamic History
14	Abdul Fathah	Bsc Chemistry
15	Muhammed sha.h	BA islamic History
16	Asif jan	BCom TTM
17	Afnan	BCom TTM
18	Aman shereef	BCom TTM
19	Asjad S	BCom TTM
20	Muhammed shahin	B.Com Cooperation
22	Anand R B	Bsc Chemistry
21	Nowfal S	Bsc Chemistry
23	Mohammed Ijas Khan.S	B.Com Cooperation
24	Malavika H Nair	BCom TTM
25	Thansi Mol NT	BCom TTM
26	Rinash.R	BCom TTM
27	Dhanya. S	BCom TTM
28	Vivek v	BCom TTM

29	Shibin.s	BCom Cooperation
30	Muhammed Muflih A	BCom Cooperation

Batch -2 (First Year)

S.No	Name	Class
1	Raihana Beegam	BA Islamic History
2	Muhsina M	BA Islamic History
3	Bismina N S	BA Islamic History
4	Fajar S	BA Islamic History
5	Muneera V	BA Islamic History
6	Asiya Beevi S	B A Islamic History
7	Bismi R N	Ba Islamic History
8	Aman Muhammed	B Com Co-Operation
9	Asna Sharaf	B Com Co-Operation
10	Mubeena Gasali B	B Com Co-Operation
11	Ajina.H	B Com Co-Operation
12	Sumayya M S	B Com Co-Operation
13	Vishnupriya	B Com Co-Operation
14	Akshara.G	B Com Co-Operation
15	Amina.R	B Com Co-Operation
16	Rakhi R M	BCom TTM
17	Afsal.N.S	B Com TTM
18	Shahana N S	B Com TTM
19	Bismi Shihabudeen	B Com TTM
20	Risana J	B Com TTM
22	Abdulla N	B Com TTM
21	Arathy S B	B Com TTM
23	Tharun S	B Com TTM
24	Saran.M S	B Com TTM
25	Akshay Nath R	Bsc Chemistry
26	Aneesha Anilkumar	Bsc Chemistry
27	H M Tholhath	Bsc Chemistry
28	Sumayya A S	Bsc Chemistry
29	Fousiya S S	Bsc Chemistry
30	Shabana S	BSc Chemistry

List of internal mentors (I Year)

S.No	Name	Designation
1	Suma R	Associate professor, Dept of Commerce
2	Dr.M S Noufal	Associate professor, Dept of Malayalam
3	Jasmin J	Assistant professor, Dept of Commerce
4	Dr. Shijina A S	Assistant professor, Dept of Commerce
5	Dr.Shiji Fazil	Assistant professor, Dept of Chemistry

List of internal mentors (II Year)

S.No	Name	Designation
1	Dr Mercy Raj	Associate professor, Dept of Chemistry
2	Asha Kumar	Associate professor, Dept of Hindi
3	Abdul Hashim S	Assistant professor , Dept of Islamic History
4	Dr. Ezreth P	Assistant Professor, Dept of Commerce
5	Nishad A	Guest lecturer, Dept of Commerce

First year organizer : Tholhath (I BSc Chemistry)

Second Year Organizers : Jagfar Khan (II BA) & Aneesa (II BCom)

Student Coordinator : Muhammed Asif (II BSc Chemistry)

Coordinator : Dr Dilshad Bin Ashraf (Asst Professor, Dept of Psychology)

Dr P Nazeer

Principal