

ANNUAL REPORT OF THE DEPARTMENT OF PHYSICAL EDUCATION (2016-17)

Department of Physical Education of our College was able to organize a variety of programmes to promote sports and games in our College. Coaching camps in Volleyball, cricket, softball, Chess and Athletics were conducted and the College teams in these disciplines participated in various inter collegiate level competition held in different Colleges under University of Kerala.

Camps conducted

Sl.No	Events	M	W
1	Volleyball	✓	
2	Netball		✓
3	Softball	✓	
4	Chess	✓	✓

Teams participated in the Inter Collegiate Tournaments

Sl.No	Event	Men		Women	
		South Zone	Inter Zone	South Zone	Inter Zone
1	Volleyball				
2	Netball				✓
3	Softball	✓			
4	Volleyball	✓			
5	Cross country		✓		

Best Physique Competitions

Sl.No	Name	Positions
1	Mohammed Shafi	III TTM
2	Alshad	III B.Cm
3	Ashik	I B.com

Kerala University south and interzone intercollegiate Volleyball championship for men was held from 7th to 16th November 2016 in our College. In the opening ceremony Al-Haj Kadakkal Abdul Azeez Moulavi, Manager of our College delivered Presidential Address, our Principal Sri. A.H. Badrudeen proposed welcome speech. Janab Thodiyoor Mohammed Kunju Moulavi, Chairman of our College declared the meet open. Dr. A. Baiju, Head of the Department of Physical Education proposed vote of thanks. Thirty four College teams under University of Kerala took part in the competition. From the South zone Volley ball Championship three teams have qualified to compete in the Inter zonal Competition.



Meet inauguration Kadakkal Abdul Azeez Moulavi, Manager, Mannaniya Trust

Teams qualified for the Inter Zonal Volleyball Championship

Position	College
I	NSS College, Nilamel
II	LNCPE, Trivandrum
III	University College, Thiruvananthapuram





Witnessing the Championship

Match in progress

In the thrilling Inter zonal competition, sports Hostel teams of St. Stephen's College, Pathanapuram and Bishopmoor College, Mavelikkara emerged the winners and runner up respectively and NSS College, Nilamel secured the third position. The trophies for the competition were sponsored by alumni Association, Teaching Staff Club and Non -Teaching Staff Club of our College.

Kerala University Inter Zonal Volley ball Championship Results

Sl.No	College	Position
1	St.Stephens College, Pathanapuram	I
2	Bishopmoore College, Mavelikkara	II
3	NSS College, Nilamel	III

In the valedictory function Dr.Venu KK, Director of Physical Education, University of Kerala was the chief guest and had given out the prizes to the winners (St.Stephens College, Pathanapuram). Sri.AH Badrudeen,Principal of our college presented the prizes to Bishopmoore College, Mavelikkara- the first Runner up and Sri Junaidsuperintendent of our college had given the trophy to NSS College, Nilamel,the second runner up of the Championship.

Three teams from Southzone and north zone have qualified to participate in the Kerala University Interzone Volleyball competition.

Teams participated in the Interzonal competitions

Sl.No	College	South Zone	Inter Zone
1	St. Stephens College, Pathanapuram		✓
2	Bishopmoore College,		✓
3	SN College, Cherthala		✓
4	NSS College, Nilamel	✓	
5	LNCPE, Trivandrum	✓	
6	University College, Trivandrum	✓	



*Team Introduction Inter Collegiate Volleyball
Championship (Interzone) 2016-17
St. Stephens Pathanapuram*



Winner-



Dr. Anil Kumar, Head of the Department of Physical Education NSS, College, Nilamel took a class on deformities to the students of Health and Fitness course (Open course) on 8th November 2016.

College Cross country team participated in the Kerala University Intercollegiate cross country Championship held at Marivanious College, Mavelikkara and ShefinShahar of II TTM reached the 7th position in the individual Event.

A mass run has been conducted to promote sports participation in our college on 13th March 2017. The event was inaugurated with a flag off by our principal Sri AH Badrudeen. College annual sports Meet for the year 2016-17 was held on 14th and 15th March, 2017. The meet was inaugurated by the chief guest Sri Anees Muhammed, National Long jump medalist and our Principal Sri. A.H. Badrudeen delivered welcome address and sports Club secretary Shabin. S.S of III BA took the oath. Dr.A. Baiju, head of the department of Physical Education proposed vote of thanks. Association captains Mohammed Althaf of III BA, Alshad of III TTM, Azeer. N of III B.Com and Noufal. N III B.Sc led their teams in the March past. TTM Association had been awarded the best performer in the March past. In the competition TTM Association with 219 pts, BA 167, B.Com 148 pts and B.Sc Association with 89 points secured I, II, III AND IV position respectively.

Overall Championship

Sl.No	Association	Points
1	TTM	219
2	BA	167
3	B.Com	148
4	B.Sc	89



Annual Sports Meet

ShefinShahar of III TTM and Sameerabeevi of II BA secured Individual Championship in Men and Women section respectively. In the Best Physique Competition Mohammed Shafi of III TTM had been awarded the title strong Man of Mannaniya.

Individual Championship

Sl.No	Name	Category	Association
1	Shefinshahar	Men	TTM
2	SameeraBeevi	Women	BA

Sports Activities in the College is managed by the sports council of our College. The council comprises of Principal, Head of the Department of Physical Education and two members from the teaching fraternity, sports club secretary and captains of four Associations.

Sports Council Members

Sl.No	Name	Dept
1	A.H. Badrudeen	Principal
2	Dr.A.Baiju	HOD
3	Sri.Asseem.J	B.Com
4	Sri.Dilshad Bin Ashraf	B.Com
5	Shabin.S.S III BA	See
6	MuhammedAlthaf IIIBA	BA
7	Alshad III TTM	TTM
8	Azeer.AN III B.Com	B.Com
9	Noufal.N III B.Sc	B.Sc

The Cross Country Championship for men was held in of our College. In the most thrilling competition TTM Association bagged the first position followed by BA and B.Com Association. In the individual category ShefinShahar of II TTM, Sidheek III BA and Azeer A.N of III B.Com bagged the first three positions respectively.

Cross Country Championship (Individual)

Sl.No	Name	Association
1	ShefinShahar	II TTM
2	Sidheek	III BA
3	Azeer.A.N	III B.Com

Cross Country Team championship

Sl.No	Association
1	TTM
2	BA
3	B.Com

Inter Association Competitions conducted (2016-17)

Sl.No	Events	Men	Women
-------	--------	-----	-------

1	Cross Country	✓	
2	Athletics	✓	✓
3	Mr.Mannaniya	✓	
4	Chess	✓	✓
5	Carroms	✓	✓
6	Shuttle Badminton	✓	✓
7	Kabaddi	✓	
8	Softball	✓	
9	Throwball		✓
10	Cricket	✓	✓
11	Football	✓	
12	Volleyball	✓	
13	Tug-of-war	✓	✓