International Yoga Day (21-06-2018)

As per the initiative of the Ministry of Youth Affairs and Sports, Government of India, Yoga center collaborated with National Service Scheme organized a workshop in the college on the International Yoga Day, 21-06-2018. The work shop is inaugurated by the principal in charge, Mr.A.H. Badrudeen and NSS Programme Officer, Mr. Asseem. J presided over the function. Dr. Dilshad Bin Ashraf, Assistant Professor, Department of Psychology and Dr. Baiju A, Associate Professor of Physical Education has demonstrated the Yogasanas. Azif Muhammad, second year B.Sc student has delivered vote of thanks.



Yoga day workshop



Mr.Aseem J, presiding the function



The work shop is inaugurated by the principal in charge, Mr.A.H. Badrudeen



Dr. Dilshad Bin Ashraf, Assistant Professor, Department of Psychology and Dr. Baiju A, Associate Professor of Physical Education has demonstrated the Yogasanas.